



Holiday Activities

JULY 2020

GETTING OUTDOORS



Warm up with a campfire in your backyard

Try one of these kid friendly recipes for a bit of mealtime variety.

<https://marscampers.com.au/10-campfire-meals-kids-can-cook-themselves/>



Pack a picnic and explore some of these wide open spaces

Let the kids burn some energy while still physically distancing.

https://www.northshoremums.com.au/outdoor-parks-north-shore/?fbclid=IwAR2TQ06dZsCdavompXpLBLRqKZ7CHebNe8N1E-1Pii0NM3wT4s8iV_000As

<https://www.visitcentralcoast.com.au/search?keywords=picnic%20spots>



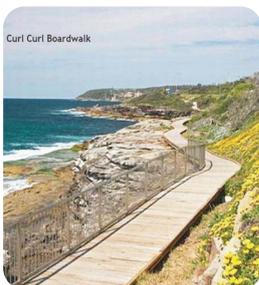
Dust off the pedals and go for a family bike ride

Try a path or trail you haven't tried before.

https://www.northshoremums.com.au/bike-scooter-paths-sydney-north-shore/?fbclid=IwAR06JvZFsdh4Qi430Um4UldNIA9iQhYIWe7mq0_1sAWMEsX4ae4hDkGONiA/

<https://www.northernbeaches.nsw.gov.au/services/roads-and-paths/pedestrians-and-cycle-paths>

<https://playinginpuddles.com.au/the-coasts-best-bike-paths-and-scooter-tracks-for-kids/>



Enjoy the sunshine and head out for a long walk

▪ Northern Beaches

<https://www.northernbeaches.nsw.gov.au/things-to-do/parks-and-trails/walking-trails>

▪ Central Coast

<https://www.visitcentralcoast.com.au/news/the-best-scenic-walks-to-experience-on-the-central-coast>

▪ North Shore

<http://www.wildwalks.com.au/lists/best-walks-north-of-sydney>

http://www.kmc.nsw.gov.au/Services_facilities/Basics/Bushwalking_tracks

<https://www.forestrycorporation.com.au/visit/forests/cumberland-state-forest>

GETTING OUTDOORS



Whale watching

Whales are on the move! Find a whale watching spot and settle in.

<https://www.weekendnotes.com/best-places-to-see-whales-sydney/>

If you are unlucky and don't spot one you can always check some out here:

<https://explore.org/livecams/orcas/orcalab-rubbing-beach-underwater>



Feeding ducks or pelicans

Feeding ducks or pelicans can be fun for kids and keep them entertained for hours! Check out the links below for some places to find the various birds and also tips on what is safe to feed them (and not feed them - **No Bread Please!**).

<https://www.northshoremums.com.au/spots-to-find-ducks-north-shore-sydney>

<https://www.northernbeaches.nsw.gov.au/council/news/bread-driving-our-ducks-quackers>

<https://www.visitnsw.com/destinations/central-coast/wyong-area/the-entrance/attractions/pelican-feeding>



Geocaching

Geocaching is a boredom-buster activity that can take place nearly anywhere. It enables children to continue learning and have fun at the same time. So how about taking your kids for a Geotour? Enjoy finding goodies!

Read more at:

<https://www.stayathomemum.com.au/my-kids/activities/100-fun-things-to-do-on-school-holidays/>

<https://www.geocaching.com/play>



Mini Golf

Mini golf is a terrific whole family activity that is beloved of people of all ages! Google the nearest location to you!

Read more at:

<https://www.stayathomemum.com.au/my-kids/activities/100-fun-things-to-do-on-school-holidays/>

GETTING OUTDOORS



Fly a kite

Why is it fun? Simply because it's an ultimate carefree pastime. Kids love seeing a colourful kite soaring gracefully overhead, a definition of sheer fun!

Read more at:

<https://www.stayathomemum.com.au/my-kids/activities/100-fun-things-to-do-on-school-holidays/>



Play woggle track race

All you need is a polyethylene foam aka. woggle or pool noodle and cut it into a half. Better to use a serrated knife to make a clean line. Although this is optional, you can also put a shoe box at the bottom of the track to catch all the little toy cars or marbles. Don't forget to add a START and FINISH line flags.



Play milk jug ball game

Play a catching game with just the use of milk jugs! You can use laundry detergent jugs as an alternative. Just cut the bottoms off the empty milk jugs, clean it and let it dry. Add some colourful craft tapes to cover the edges and you are good to play!



Get out into the country and pick some fresh fruit

There are many farms and orchards on Sydney's doorstep you can visit for a picnic and to pick your own fruit to purchase.

<https://www.harvesttrailsandmarkets.com.au/pick-your-own/>



Taronga Zoo

Last holidays you may have tuned into [Taronga's live TV](#)? There are now new live cameras and videos. The Zoo is now open however you need to [buy tickets online](#) before you go. (No tickets at the gate)

GETTING OUTDOORS



Build a worm farm

Children will love building a worm farm and learning how to look after their worms. Here's how;

<https://www.kidspot.com.au/things-to-do/activity-articles/build-your-own-worm-farm/news-story/2551d48d7b5d78664cbf1216ab6866c5>



Councils' "What's On?"

Your Local Council has recreated and rescheduled and adapted activities for this July School Holiday. Libraries are reopening. Check with local councils and libraries for what they have on offer.

▪ Northern Beaches

<https://www.northernbeaches.nsw.gov.au/things-to-do/whats-on>

<https://www.northernbeaches.nsw.gov.au/things-to-do/whats-on/school-holidays>

▪ Central Coast

<https://www.centralcoast.nsw.gov.au/whats-on>

<https://www.cc365.com.au/school-holidays-central-coast>

▪ North Shore

<https://www.centralcoast.nsw.gov.au/major-event/school-holidays>

http://www.kmc.nsw.gov.au/Things_to_do/Events_activities/Whats_on

<https://www.hornsby.nsw.gov.au/search?query=school+holiday>

INDOOR ACTIVITIES



Create a constellation in a jar

Even us as kids, we dreamt of touching the bright stars we gaze upon at night. There's a version of that you can keep in your kids' room. The how tos can be found here.

Read more at:

<https://www.stayathomemum.com.au/my-kids/activities/100-fun-things-to-do-on-school-holidays/>



Play puppet show at home

Puppet shows have always been the cornerstone of imaginative play for children and you can make your own puppet show at home too! So collect all your socks that you're no longer using and get out the clag and have fun creating.

Read more at:

<https://www.stayathomemum.com.au/my-kids/activities/100-fun-things-to-do-on-school-holidays/>



Movie Night in

<https://www.kidspot.com.au/school/school-holidays/holiday-activities/have-a-fun-family-movie-night-at-home/news-story/16a3588abdb660b654e22fe81e701504>

Print your own tickets:

<https://www.pinterest.com.au/pin/7318418117247854/>



The Premier's Reading Challenge

The [Premier's Reading Challenge](#) aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely. **Student entries close Friday, August 28.**



Quiz

<https://www.qantas.com/travelinsider/en/lifestyle/quiz.html>

As flights with Qantas are still limited they have some interesting quizzes online about famous cities in the world. Test the family's travel skills and general knowledge.

INDOOR ACTIVITIES



Create Story Stones

Sky's the limit in terms of the characters you illustrate on your stones. You can collect as many stones as you want and use either acrylic paints or the oil-based sharpie. I suggest the Nature of art for kids® brand of acrylic paints, or you can also buy the Liquicryl.

Read more at:

<https://www.stayathomemum.com.au/my-kids/activities/100-fun-things-to-do-on-school-holidays/>



Build an ant nursery farm home

You can create your own by using two jars with lids, one should be thinner and a little shorter than the other. Or if you prefer a flat one, you can purchase a skinny aquarium at a local store.

Read more at:

<https://www.stayathomemum.com.au/my-kids/activities/100-fun-things-to-do-on-school-holidays/>



Hold a stacking cups contest

No doubt being the boys' favourite, but the girls can get into the fun too! Hop onto Youtube to see some amazing cup stacking videos!

Read more at:

<https://www.stayathomemum.com.au/my-kids/activities/100-fun-things-to-do-on-school-holidays/>



Creative Kids Voucher

The NSW Government is helping kids get creative and explore ways to enhance their critical thinking and creative expression with the new Creative Kids program.

Parents, guardians and carers can apply for a voucher valued up to \$100 per calendar year for each student enrolled in school. The voucher may be used for registration, participation and tuition costs for creative and cultural activities.

<https://www.service.nsw.gov.au/transaction/find-creative-kids-provider>

CONNECTED IN CHRIST



Rediscover the celebration of the sacraments of Eucharist and Reconciliation

As restrictions in response to the COVID-19 pandemic are lifted, there is the chance for families to return to the celebration of the sacraments of the Eucharist and Reconciliation.

Contact your local parish for mass times and to organise booking in. Each parish is taking bookings differently for the 50 places in the church for each mass.



Watch 'The Chosen'

The Chosen is the first-ever multi-season series based on the true stories of the gospels of Jesus Christ. Watch for FREE now at www.thechosen.tv/app.

'I thoroughly enjoyed this dynamic and well-researched series which captures the time and place of the Biblical characters we know. It provides a rich depth of understanding to the life of Jesus and the people who were impacted by their encounter with him. I thoroughly enjoyed Season 1 and eagerly await the completion of Season 2.'

Kerry Power (Catholic Schools Office, Broken Bay)



Gratitude

In life we have so much to be grateful for and sometimes we just need a break from the business of life to appreciate what it is we are grateful for. Holidays are just the time.

<https://docs.google.com/presentation/d/1fTh4nXvhpvSf98vJBTpGyQqOdfuzCKw9E74lw42VCEc/edit#slide=id.p4>



VIRTUAL PILGRIMAGES - A Virtual Way to Encounter the Spiritual

While the coronavirus pandemic has made travel unavailable for the time being, we believe there are still graces to be gained by making a virtual pilgrimage and exploring sacred sites.

This can be a very special experience where we can continue to support one another and pray alongside one another as we look forward to the day when we can walk the pilgrim road once again.

https://www.harvestjourneys.com/virtual-pilgrimages/?utm_campaign=Oberammergau&utm_medium=email&_hsmi=89026694&_hsenc=p2ANqtz-9cyMblvBsEIAjZXTGne02vcohZbTmnX_CepPQGMMSkH4dMA3EHOgSCWTFii8dAeEpQrPttvxbakY88cR9-0iel4DB7w&utm_content=89026694&utm_source=hs_email